

WELL, IT'S SIMPLE

EMS can be used as a training tool, a rehabilitation and preventive tool, and as a beautifying tool. The impulses are generated by a device and delivered through electrodes on the skin directly above the muscles to be stimulated. The impulses cause the muscles to contract, so the result is similar to the actual movement of the muscles. It's the 21st century training.



What equipment does ShapeTec work with?

ShapeTec works with the most modern training equipment on the market for body shaping and fat burning. In order to build muscle mass while simultaneously and effectively burning fat, one would be trained with the miha-bodytec electric stimulator under competent guidance of a personal coach. For customers who want to achieve a high weight-loss effect, they will be working with the 'Cell-U Lite' infrared tunnel with built-in LeMond ergometer.

MEET THE BRAIN



To make sure that everybody gets a personal training specially tailored to their needs, the XBody NEWAVE has a special software - the heart and soul of the system. It allows the user to choose from several languages, set different user profiles, record results, get statistics, program training calendars. And the most unique of them all: the video training, which allows users to train by themselves along with a video demonstration by a professional.

BUILDING MUSCLE MASS WHILE BURNING FAT AND REDUCING WEIGHT IN THE SHORTEST POSSIBLE PERIOD

FORM, REVOLUTIONIZED

The XBody NEWAVE fits in every environment, yet its ergonomic and unique design makes it stand out, and it won't take up more than 2m² of your space. Due to its light weight, you can transport it easily. You can choose from various forms: free standing, portable or the group option, based on whichever suits your needs most.



Give Us A Visit And Let Yourself Be Inspired
Shape Up ...Your Life!

